

# Give in Lent Calendar

Donate food for the 40 days of Lent. Please check to find out the opening times during Lent and to check if there is anything in particular we're running short of. You can find our food bank details here: [stokeontrent.foodbank.org.uk](http://stokeontrent.foodbank.org.uk)

18 February

Tinned fruit <b>1</b>	UHT milk <b>2</b>	Squash <b>3</b>	Long life sponge pudding <b>4</b>
Jam <b>5</b>	Biscuits <b>6</b>	Tinned Soup <b>7</b>	Tinned fish <b>8</b>
Rice <b>9</b>	Coffee (instant) <b>10</b>	Pasta Sauce <b>11</b>	Cereal <b>12</b>
UHT milk <b>13</b>	Tinned tomatoes <b>14</b>	Pasta <b>15</b>	Tinned Vegetables <b>16</b>
Custard <b>17</b>	Long life fruit juice <b>18</b>	Tinned Tuna <b>19</b>	Tinned meat <b>20</b>
Chocolate bars <b>21</b>	Crackers <b>22</b>	Sweets <b>23</b>	Tinned Fruit <b>24</b>
Instant mashed potato <b>25</b>	Tinned Rice Pudding <b>26</b>	Biscuits <b>27</b>	Custard <b>28</b>
Crisps <b>29</b>	Tinned Potatoes <b>30</b>	Tea Bags <b>31</b>	Tinned meat pie <b>32</b>
Coffee (instant) <b>33</b>	Jam <b>34</b>	Tinned tomatoes <b>35</b>	Instant Mash Potatoes <b>36</b>
Tinned vegetables <b>37</b>	Tinned Bake Beans <b>38</b>	Tinned Soup <b>39</b>	Tinned meat pie <b>40</b>

2 April

**01782 317942**  
[stokeontrent.foodbank.org.uk](http://stokeontrent.foodbank.org.uk)

Please deliver food donations to:  
Stoke on Trent Foodbank, Magdalen  
Road, Blurton, ST3 3HS