

*graphics source vecteezy.com



The One Who Stopped – this is a story based on a story told by Jesus that you can find in the Bible, in the book of Luke (The Good Samaritan)

It was a busy time of day on a very busy city street... When a boy, around 10 years old, was struggling carrying his school bag AND two heavy shopping bags.



One bag tore open—

tins and pasta spilled across the pavement. He knelt down, flustered, nearly in

tears.

Everyone was busy. Everyone had somewhere to be.

A businessperson in a suit walks by, glances down, and hurries past.



From our Director Corrine Boden MBE:

Some looked. Some didn't. But nobody stopped.

A girl, about the same age, walked up slowly. She wears a school backpack and her school uniform, a different one to his school.

She kneels down. She kindly says, 'Hey. Are you okay?'

*** The boy replied, 'My bag ripped. I can't carry it all. Mum's sick and has gone on to the doctors, I'm helping getting food home from the foodbank...'**

The girl continued, 'It's OK, I've got what you need, I've always got spare bags on me, my Mum and I are big on recycling.'



'You go to that school up the hill, why did you help me?' asked the boy.

'If I was sitting there, I'd want someone to stop,' said the girl.

A dog walker notices but shrugs and keeps going.

The girl walks a bit further with the boy to make sure that he's now OK with his two bags, and they walk past a sign: "STOKE-ON-TRENT FOODBANK – #TogetherWeCan."



She waves goodbye. He looks back and smiles.

Sometimes, being kind isn't big or loud. It's just stopping when others walk past.



Be the one who stops and helps- you can do this by helping your local foodbank!

SOME FREQUENTLY ASKED QUESTIONS ANSWERED...

Q: Why do people need to go to a foodbank?

A: There are many different reasons why people just don't have enough money to buy food and a crisis occurs so that they need to use a foodbank, such as illness or job loss, low pay, reduction in working hours, or delays in benefit payments, on top of rising food and fuel costs.

Q: How can people get help if they need it?

A: If they need it, people can get a 3-day emergency food parcel for their household, by getting a voucher from one of our network of professional support across the area, including many local support agencies, charities and schools.

Q: Why did the boy also have a leaflet in his food parcel?

A: Just like the girl walked a bit further with the boy to make sure he was alright, at the Foodbank our volunteers are there to offer a friendly face and basic kindness so that people know that they are not alone. We want to make sure that people can get help with the reason that brought them to the foodbank, we want to make sure that everyone has enough money for food, so our support includes access to Money Matters.

Q: How can we help the foodbank to be there for people?

A: We can do this together – if you can give us just one item – perhaps a tin of your favourite soup, it will help us keep our warehouse topped up.

HARVEST IS A TIME WHEN PEOPLE GIVE THANKS FOR WHAT THEY HAVE AND COLLECT FOOD TO THEN SHARE IT WITH THOSE WHO ARE IN NEED OF IT – could you help the foodbank this Harvest time?



Harvest appeal



Help support your food bank this Harvest

To help us be ready for another challenging winter

Donate food



If each person across the city gave one item this would do it!

Donate money



To help cover costs of transport and storage of food.

MAKE A DIFFERENCE THIS HARVESTTIME

Visit:

<https://stokeontrent.foodbank.org.uk>

Facebook, Instagram,

LinkedIn: @stokeontrentfoodbank

X: @SoTFoodbank

