



Shopping List

Most Needed

- UHT Milk
- Tinned Fish ie Tuna
- Desserts
- Vegetables
- Tinned Tomatoes
- Pasta Sauces

General Shopping List

- Soup
- Tinned Tomatoes
- Pasta Sauces
- Tinned Vegetables
- Tinned Potatoes
- Mash
- Tinned Meat
- Tinned Fish ie Tuna
- Tinned Desserts ie fruit, rice pudding,
- Cereal
- Biscuits
- UHT Milk or powered Milk
- Tea Bags
- Coffee
- Pasta/Rice
- Fruit Juice
- Sweet Extra ie chocolates, snack bars

Thank you for your help and supporting us to help people in this city who are in crisis. Please if you have any question about Stoke on Trent Foodbank please contact us on info@stokeontrent.foodbank.org.uk